

WESTERN LUTHERAN ATHLETIC LEAGUE TRACK & FIELD RECORDS

(Updated May 10, 2024)

BOYS – DIVISION A

100 YARD DASH – 11.4 <i>Ben Moldenhauer, St. Matt., Walled Lake (2000)</i>	100 METER DASH – 11.94 <i>Dominick Dolane, CTK, Southgate (2016)</i>
220 YARD DASH – 26.7 <i>Ben Moldenhauer, St. Matt., Walled Lake (2000)</i>	200 METER DASH – 24.36 <i>Jake Puma, CTK, Southgate (2017)</i>
440 YARD RUN – 58.0 <i>Andy Moldenhauer, St. Matt., Walled Lake (1998)</i>	400 METER RUN – 0:58.84 <i>Paul Davenport, St. Matt., Westland (2017)</i>
880 YARD RUN – 2:24.8 <i>Timothy Howse, St. Paul's, Farmington Hills (2002)</i>	800 METER RUN – 2:21.14 <i>Nole Lorenzen, Guardian, Dearborn (2024)</i>
MILE RUN – 5:24.8 <i>Timothy Howse, St. Paul's, Farmington Hills (2002)</i>	1600 METER RUN – 4:59.23 <i>Nole Lorenzen, Guardian, Dearborn (2024)</i>
440 YARD RELAY – 53.9 <i>St. Matthew, Westland (2007)</i> <i>(Perez, Mozham, Barikmo, Kovacs)</i>	4 x 100 METER RELAY – 53.60 <i>St. Matt., Westland (2011)</i> <i>(Even, Warren, Davenport, Olson)</i>
880 YARD RELAY – 1:57.8 <i>T - St. Matt., Walled Lake (1999)</i> <i>(Coe, Daniels, Blouin, Woodcock)</i> <i>T - St. Matt., Walled Lake (2002)</i> <i>(Carlton, Jara, Palka, Willmann)</i>	4 x 200 METER RELAY – 1:51.58 <i>St. Matthew, Westland (2017)</i> <i>(Boehm, Davenport, Pereyra, Talbert)</i>
MILE RELAY – 4:46.8 <i>St. Matthew, Walled Lake (1999)</i> <i>(Blouin, Daniels, Marijanovich, Samson)</i>	4 x 400 METER RELAY – 4:26.50 <i>St. Paul's, Farmington Hills (2009)</i> <i>(Competitors unknown)</i>
HIGH JUMP – 5' 6" <i>Timothy Tiedje, St. Matt., Walled Lake (2022)</i>	
LONG JUMP – 17' 6" <i>Ben Moldenhauer, St. Matt., Walled Lake (2000)</i>	
SHOT PUT – 41' 8 ¼" <i>Ben Nocella, St. John's, Waltz (2024)</i>	