

WESTERN LUTHERAN ATHLETIC LEAGUE TRACK & FIELD RECORDS

(Updated May 11, 2018)

GIRLS – DIVISION A

100 YARD DASH – **12.4**
Lauren Schwecke, Guardian (2003)

220 YARD DASH – **29.2**
Lauren Schwecke, Guardian (2003)

440 YARD RUN – **1:08.9**
Chris Hilden, Guardian (1998)

880 YARD RUN – **2:31.7**
Katherine MacKenzie, Guardian (2002)

MILE RUN – **5:54.1**
Katherine MacKenzie, Guardian (2003)

440 YARD RELAY – **59.4**
Detroit Urban (2003)
(A. Taylor, Hughes, B. Taylor, Reynolds)

880 YARD RELAY – **2:08**
St. Matt., Walled Lake (2005)
(Liebig, Meyer, Storck, Caddell)

MILE RELAY – **5:05.4**
T - Guardian (1998)
(Jung, Heins, Braun, Hilden)
T - St. Matt., Walled Lake (2005)
(Yankee, Storck, Carlton, Zehel)

100 METER DASH – **13.23**
Genesys Bolton, St. Paul, Royal Oak (2017)

200 METER DASH – **27.75**
Genesys Bolton, St. Paul, Royal Oak (2017)

400 METER RUN – **1:02.26**
Victoria Pereyra, St. Matt., Westland (2017)

800 METER RUN – **2:34.94**
Riley Day, SMWLD (2014)

1600 METER RUN – **5:39.62**
Riley Day, SMWLD (2014)

4 x 100 METER RELAY – **56.70**
St. John's, Waltz (2011)
(Polce, Richardson, Schaffer, Vogel)

4 x 200 METER RELAY – **2:02.70**
Detroit Urban (2009)
(Competitors unknown)

4 x 400 METER RELAY – **4:53.00**
St. John's, Waltz (2013)
(Lovse, Matsos, Brooks, McGinnis)

HIGH JUMP – **4' 8"**
Ariel Roberts, Guardian (2005)

LONG JUMP – **14' 5"**
Samantha Smith, St. Paul's, Northville (2000)

SHOT PUT – **34' 5"**
DeAnna Buffington, Detroit Urban (2003)